

# Personality ABCs

Kindergarten-5th Grade



## SELF-AWARENESS Love and accept yourself

Help your students understand more about themselves and their personalities. Utilize this list to teach students about different personality traits. Students will work to recognize which traits they are proud of and which may not be the best.

<b>A</b>	Accepting, Adventurous, Aggressive, Ambitious, Annoying, Arrogant, Articulate, Athletic, Artistic, Active
<b>B</b>	Boastful, Bold, Bossy, Brave, Bright, Bubbly
<b>C</b>	Calm, Careful, Careless, Caring, Cautious, Cheerful, Clever, Clumsy, Compassionate, Complex, Conceited, Confident, Considerate, Cooperative, Courageous, Creative, Curious
<b>D</b>	Daring, Defiant, Demanding, Determined, Disagreeable, Disgruntled, Dreamer
<b>E</b>	Eager, Efficient, Energetic , Enthusiastic
<b>F</b>	Fair, Faithful, Forgiving, Friendly, Fun-loving, Funny
<b>G</b>	Generous, Gentle, Giving, Gracious, Grouchy
<b>H</b>	Hard-working, Helpful, Honest, Hopeful, Humble, Humorous
<b>I</b>	Imaginative, Impulsive, Independent, Intelligent, Inventive
<b>J</b>	Jealous, Judgmental, Jovial, Jazzy, Jittery
<b>K</b>	Kind, Knowledgeable
<b>L</b>	Lazy, Leader, Light-hearted, Lively, Lovable, Loving, Loyal
<b>M</b>	Mature, Mischievous, Manipulative , Maternal, Mellow, Melodramatic, Meek, Moody
<b>N</b>	Nice, Nurturing , Nervous, Nonchalant

<b>O</b>	Opinionated, Organized, Outgoing
<b>P</b>	Passive, Patient, Perfectionist, Personable, Pleasant, Prideful
<b>Q</b>	Quiet, Quirky
<b>R</b>	Rebellious, Relaxed, Reliable, Reserved, Respectful, Responsible, Rude
<b>S</b>	Self-conscious, Selfish, Sensitive, Serious, Shy, Silly, Smart, Strong, Stubborn, Studious
<b>T</b>	Thoughtful, Timid, Tolerant, Tough, Trusting
<b>U</b>	Understanding, Unique
<b>V</b>	Vain
<b>W</b>	Warm, Wild, Wise, Witty
<b>X</b>	eXuberant, eXcitable, “Ec”centric
<b>Y</b>	Youthful
<b>Z</b>	Zany, Zealous, Zesty