

# I LOVE & ACCEPT



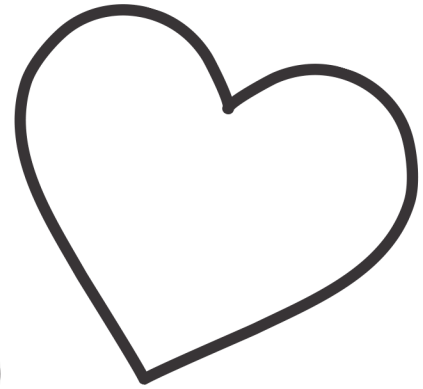
**WHO I AM ON THE INSIDE**

**Draw the things you love about yourself:**

A large, empty rectangular box with a thick black border, intended for a child to draw their favorite things about themselves.



I



LOVE



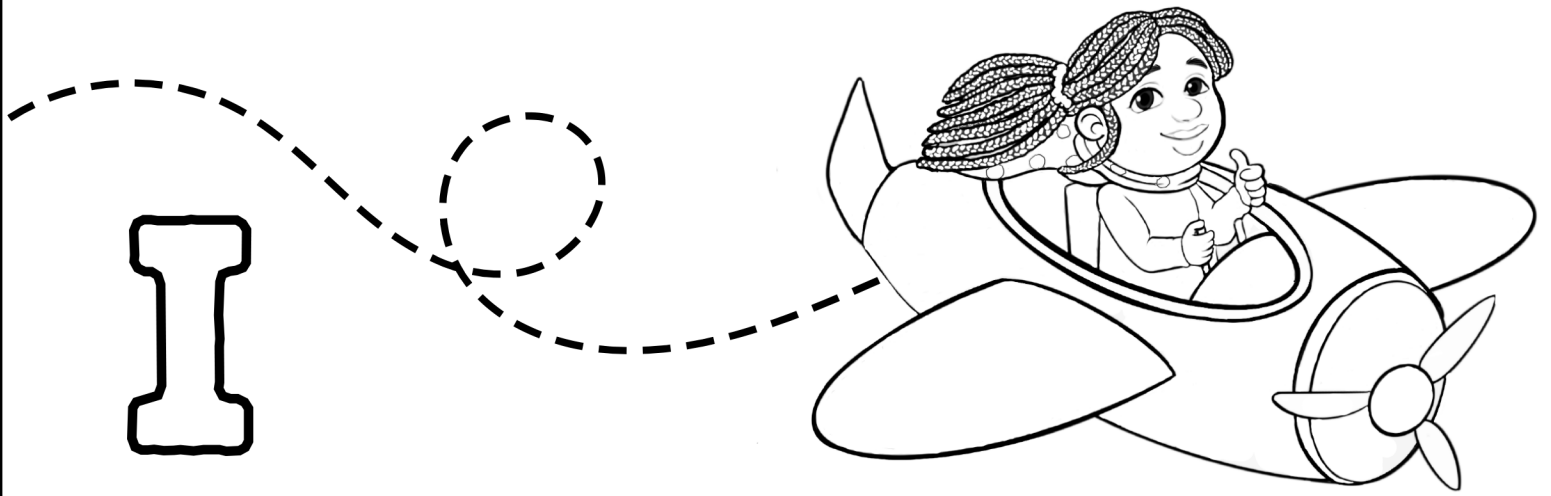
AND



ACCEPT



**WHO I AM ON THE INSIDE**



# I LOVE & ACCEPT

## WHO I AM ON THE INSIDE

Write 3 things you love about yourself on the lines below:

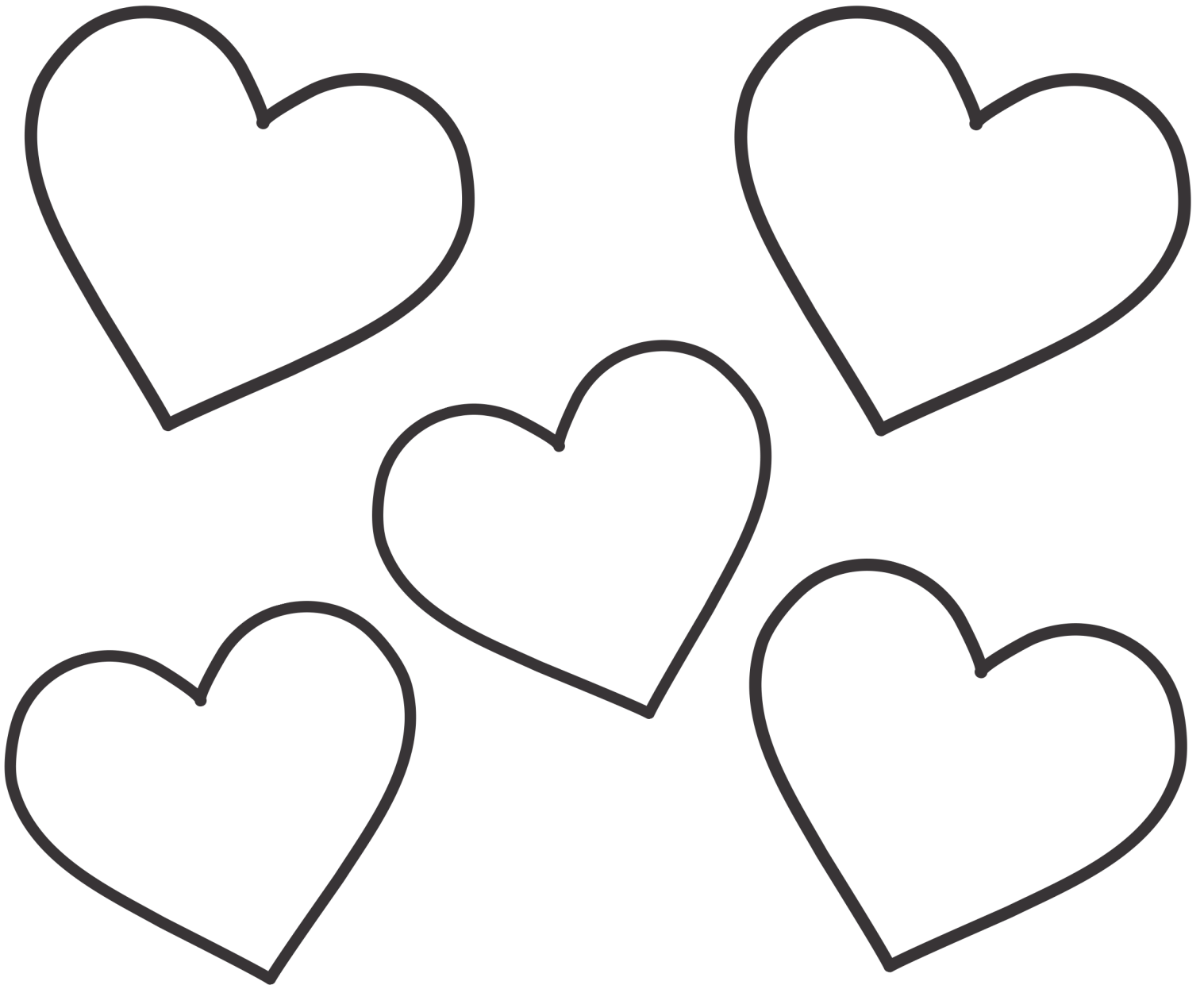
---

---

---

# MY STRENGTHS

**Strengths are the things you're really good at. You can use them to reach your goals and help others who want to improve. Think of your personal strengths, then write or draw them inside the hearts below.**



# I LOVE & ACCEPT

## WHO I AM ON THE INSIDE



Three words that describe me are...

Two things I'm good at are...

I'm a good friend because...



# I LOVE & ACCEPT

## WHO I AM ON THE INSIDE

Unscramble the letters to correctly spell each word. Then use the letters in each bubble to answer the statement below.

**Things you're really good at or things you're proud of about yourself...**

NGSTTSHRE

**When you believe in yourself and your abilities, you are...**

FDTCNNOIE

**Something that is one of a kind, different, or really special is...**

UQNIEU

**Someone you can count on is...**

RIEBLAEL

**Having plans or dreams, or things you want to achieve are...**

SOGAL

**Someone who uses their imagination to make beautiful things is...**

VECIRETA

**When you are a faithful, dedicated friend to someone, it's called...**

YLOAYTL

**When you are truthful in everything you say and do, it's called...**

# LOVE & ACCEPT

## WHO I AM ON THE INSIDE

Unscramble the letters to correctly spell each word. Then use the letters in each bubble to answer the statement below.

Things you're really good at or things you're proud of about yourself...

NGSTTSHRE    **S** **T** **R** **E** **N** **G** **T** **H** **S**

When you believe in yourself and your abilities, you are...

FDTCNNOIE    **C** **O** **N** **F** **I** **D** **E** **N** **T**

Something that is one of a kind, different, or really special is...

UQNIEU    **U** **N** **I** **Q** **U** **E**

Someone you can count on is...

RIEBLAEL    **R** **E** **L** **I** **A** **B** **L** **E**

Having plans or dreams, or things you want to achieve are...

SOGAL    **G** **O** **A** **L** **S**

Someone who uses their imagination to make beautiful things is...

VEECIRETA    **C** **R** **E** **A** **T** **I** **V** **E**

When you are a faithful, dedicated friend to someone, it's called...

YLOAYTL    **L** **O** **Y** **A** **L** **T** **Y**

When you are truthful in everything you say and do, it's called...

**H** **O** **N** **E** **S** **T** **Y**