



Railroad Tracks

Description

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Students have fun deciding between two options and learning about other students.

Supplies

- Two long ropes/jump ropes

How to Play

1. Lay out two long ropes parallel to each other and have all students stand in between the “railroad tracks.”
2. This activity has several rounds and for each round students are given two options.
3. As options are announced, point to which side represents each options, and students jump to the side of the railroad track that they would choose out of those 2 options.
4. After each round allow students to look around and see what everyone else decided.
5. Randomly throughout the activity yell “chugachugachoo” and call out a number. The student that is that number in line has to share why they chose what they chose.
6. Option ideas: Sweet or sour, summer or winter, outside or inside, cat or dog, day or night, fast food or home cooked meal, science or math, etc.

Activity Prompts for Reflection

- Share something new you learned about someone else in the group?
- Can anyone explain why you chose one of the options during the activity?
- Does anyone have an idea for a different way to do this activity?
- What is one of the options that you felt strongly about?

Other Ways to Play

- For a large space and large group, assign each side of the room for each option and students run to whatever side they would choose.
- Have trustworthy students help call out different options.
- After each round, have students who chose the same option get together and talk about why they chose that option.

Additional Notes

- Use the [SEL Activity Prompts](#) to tie other SEL competencies to this activity.

Category

1. Activities
2. Social Awareness

Sel-competency

1. Social Awareness

Allotted-time

1. 10-15 minutes

Themes

1. General