



Competitive Corners

Description

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Have students work together as a team to compete in different challenges while learning more about their teammates.

Supplies

- Three to six balls depending on how many teams you will create

How to Play

1. Divide the group into 3-6 smaller teams and assign them an area of the room to stand one behind the other in.
2. Put the balls in the center of the room with even distance to each of the lines of students.
3. Tell your students that there will be different rounds for this activity.
4. Explain that when you say 'go' the first student in line must go get the ball, come back to the front of the line, and pass the ball over their head to the next person while answering the question for the category.
5. The next student in line gets the ball, answers the question and passes the ball between their legs to the next student in line.
6. The ball continues to pass over and under until it reaches the last person in line. The last student in line answers their category question and runs the ball back to the middle of the room where it was at the beginning of the game. That student then returns to their team.
7. The first team with everyone back in line and sitting, wins that round.
8. Example category:
 - Favorite color
 - Favorite fruit

- Favorite sports team
- Favorite subject in school
- Favorite superhero

Activity Prompts for Reflection

- What is something new you learned about one of your teammates?
- Did you have a different answer than anyone else on your team?
- What did you have in common with someone else on your team?
- What was a surprising answer you heard during this activity?

Other Ways to Play

- Have the first student in each line start with the ball, instead of having them race to the middle for it. Teams can show you they are finished by raising their hands.
- Make this activity more challenging by pairing students up and having them three-legged race to retrieve the ball from the middle.
- Determine the way students must retrieve and return the ball to the center—hop on one foot, crawl, crab walk, skip, gallop, etc.

Additional Notes

- Use the [SEL Activity Prompts](#) to tie other SEL competencies to this activity.
- Decide how many teams you want for this activity based on the space you are using and how many students you have.

Category

1. Activities
2. Social Awareness

Sel-competency

1. Social Awareness

Allotted-time

1. 10-15 minutes

Themes

1. Get to Know You