



Coconut Roll

Description

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Teams work together to roll their coconut and knock down as many cups as possible.

Supplies

- Coconuts (real or fake)
- Plastic cups

How to Play

- 1. Divide students into several teams.
- 2. Have teams line up one behind another behind a starting position.
- 3. Put pyramids of anywhere from 6-15 plastic cups at least ten feet away from each of the team's lines. Give the first student in each team's line the coconut.
- 4. Explain to students that the goal of today is to knock over as many cups with the coconut as possible.
- 5. Each student gets one turn rolling the coconut toward the cups.
- 6. Each cup that gets knocked over is one point for that team.
- 7. After they roll, they go and re-stack any cups that were knocked over and return to the back of the line, passing the coconut to the first student in line.
- 8. It is now the next student's turn to roll.
- 9. This continues until time is up or until each student has had a turn to roll.

Activity Prompts for Reflection

• How did your team work together during this activity?



- What encouraging words did your team use during this activity?
- What is a strength you brought to your team during this activity?
- Can someone give a compliment to someone from the group for the activity we just played?

Other Ways to Play

- Use any type of ball instead of a coconut.
- Move the cups further away to make this activity more challenging.
- Add more cups to the pyramid to make it more challenging.

Additional Notes

- Have a student who is trustworthy help you to keep track of points for each team.
- Use the <u>SEL Activity Prompts</u> to tie other SEL competencies to this activity.

Category

- 1. Activities
- 2. Relationship Skills

Sel-competency

1. Relationship Skills

Allotted-time

1. 10-15 minutes

Themes

1. Work Together-Teamwork