



Winter Skating Relay

Description

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Students compete in a version of a skating relay.

Supplies

- 2 shoe boxes/tissue boxes per team
- 1 pair of mittens per team
- 1 bag of small tootsie rolls

How to Play

1. Divide students into two teams.
2. Designate a starting and an ending point and have teams line up behind the start point.
3. Give each team two shoe boxes/tissue boxes and a pair of mittens. Put an even amount of tootsie rolls at each team end location.
4. Explain that the boxes are the skates and that each team must “skate” to the end line, pick up one tootsie roll, and “skate” back.
5. When they reach their line they must pass the skates and the mittens to the next student for them to go.
6. This continues until time is up or until the first team has collected all their tootsie rolls.
7. Allow students to enjoy the tootsie rolls they collected at the end of this activity, ensuring that students divide the candy up equally.

Activity Prompts for Reflection

- What was a good choice you made during this activity?

- If we played again what would you do differently next time?
- Did anyone make a mistake during this activity? If so, what was it?
- What agreements did your group make about this activity?

Other Ways to Play

- Make it more challenging by rolling snowballs (balled up paper) in the middle of the designated space, students must avoid hitting/touching them and if they do, they go back to the starting point.
- Pair students up and have one person if the pair be blindfolded and have the other person guide them. Then allow them to switch.
- Instead of teams, have the whole group determine how quickly they think they can get everyone to skate to the end and back. Then allow the group to try to beat the time they set. They can continue to try to beat their previous time.

Additional Notes

- Any small item can replace the tootsie rolls, use what is readily available.
- Use the [SEL Activity Prompts](#) to tie other SEL competencies to this activity.

Category

1. Activities
2. Responsible Decision-Making

Sel-competency

1. Responsible Decision-Making

Allotted-time

1. 15-20 minutes

Themes

1. Food