



Brainstorm Bend

Description

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Help your group work together with different students while making a variety of different shapes with their bodies. Students will practice critical thinking skills.

Supplies

- No supplies needed

How to Play

1. Each round call out a number and a random object. Example list can be found on the next page
2. The object called is the object students create using their bodies.
3. The number called out is the number of students that must group together and make the object. If certain students are not in the group making the object, they can still participate by cheering and helping the teams think of how to form the object.
4. Remind the students to listen closely and once the number and object are called out they must move quickly to form the group and make the object.
5. Set a time limit for each round, and at the end of the time announce which group made the object best and why.
6. Remind students that first they need to brainstorm the best way to make the object before making it. Elaborate and tell the students that brainstorming is a way to come up with as many ideas as possible before the group decides exactly what it wants to do.
7. Choose group sizes and objects based on how many students are in your group.**Example List:**
 - 7, school bus
 - 10, piano
 - 6, dolphin
 - 5, boat

- 9, turkey
- 8, house
- 7, sneaker
- Everyone, roller coaster

Activity Prompts for Reflection

- Did anyone make a good choice that helped out their team?
- What is one thing you would do differently if we played this game again?
- What is a good choice you can make when you win a competition like this one?
- What is a good choice you can make when you lose a competition like this one?

Other Ways to Play

- Break down the steps for younger students. Call out a number that the students must group together with, then call out the object.
- If students are having a difficult time creating a variety of numbered groups, keep the number the same but they must find new partners each time to make the object with.
- Break the students into numbered groups like the above explains, but at the end of each have everyone get together and remake the object using every single student. This will challenge them to rethink what they already created and practice working together in a larger group.
- Have students who are making good choices help to think of objects to call out.
- If students are skipping the brainstorm step then set a time for brainstorming only and then announce when groups can make the object.

Additional Notes

- Use the [SEL Activity Prompts](#) to tie other SEL competencies to this activity.

Category

1. Activities
2. Responsible Decision-Making

Sel-competency

1. Responsible Decision-Making

Allotted-time

1. 30 minutes

Themes

1. No Supplies Needed

2. Work Together-Teamwork