

LESSON PLAN

GR K-1



Others are Unique and it's Important to Learn More About Them

Description

Supplies

- Book: *Spoon* by Amy Rosenthal

Skill Builder



Lesson

1. Show students the book, **Spoon** by Amy Rosenthal, and tell them we are learning about how others are unique.
2. Ask students if they know what unique means. Explain unique means being different than anyone else or one of a kind.
3. Share one thing that makes you unique and then ask each child to share. Help students brainstorm by having them think about hobbies, pets, family dynamics, places they have visited, or personality traits.
4. Instruct students to interact with the read-aloud by acting out different utensils:
 - Spreading like a knife—moving index finger back and forth

- Stirring like a spoon—using the pinky finger to move around in a circle
 - Pick up food like a fork—using two fingers like a peace sign to scoop from the palm of the opposite hand
 - Eating with chopsticks—using your first two fingers and your thumb to pinch
5. Read the story, then ask follow-up questions:
- What made Knife unique?
 - What made Fork unique?
 - What made Chopsticks unique?
 - What did Knife, Fork, and Chopsticks think was unique about Spoon?
6. Teach the [Skill Builder, We're All Different and That's OK](#):
- Offer your ideas and listen to others
 - Keep an open mind and learn from others
7. Explain to students everyone is unique in their own way. If you spend time learning more about others, you are able to appreciate their differences, just like Spoon did in the story!

Additional Resources

Read-Aloud on YouTube: [Link](#)

Activity-Keep it Clapping

1. Teach children the following chant:

*We are different, not the same
Sharing strengths is our game
You are special so am I
With our differences, we can fly!*

2. Have students hold their hands out on either side with the palm facing up. Help them determine their right hand and have students put it on top of the person's hand beside them on the right.
3. Tell them each round you will pick a student to start. That student takes their right hand and claps the student's hand to their left. This continues around the circle while the entire group sings the chant, they learned.
4. Let them know the student who claps on the last word of the chant, "fly", must share something unique about themselves.
5. This can be played multiple times, choosing a new student to start the clapping each time.

Category

1. Lesson Plans
2. Social Awareness

Sel-competency-lessons

1. Social Awareness

Grade-level

1. Grades K-1