

LESSON PLAN

GR 4-5



Step Into the Shoes of Others to See How They Feel

Description

Supplies

- [Emoji template](#)
- Crayons

Skill Builder



Lesson

1. Ask the students to share the line of Words to Live By that talks about understanding the feelings of others.

"I want to step into their shoes and see what they are going through."

2. Allow students to share why it is important to step into other people's shoes.
 - Examples: You can better understand how someone else is feeling, you can better understand where someone is coming from, you can learn something new, you can look at

something in a different way.

3. Teach the [Skill Builder, Step into Their SHOES](#):

Sound of their voice
How they act
Outer appearance
Expression on their face
Surroundings

4. Allow students to name different emotions and walk through the letters of SHOES to guess how you might be able to determine how someone with that emotion might sound, look, act, etc.
5. As students share, ask how they sound, look, and act when they feel those emotions and point out any differences or similarities in students' responses as a way to help them better be able to step into each other's shoes.

Activity-What's Their Emoji

1. Tell students they will be using SHOES to create their own emojis for different scenarios called out.
2. Let them know a scenario will be read aloud and each person has about 30 seconds to a minute to step into the shoes of the person who is in the scenario and come up with emotion word they can depict in an emoji.
3. Pass out the [emoji template](#) to each student.
4. Explain that students will draw their emoji in the circle template provided and be prepared to share their emotion word with the group.
5. Once the time is up, have each student share their emoji with the group and share the emotion.
6. Continue playing for multiple rounds using these possible scenarios:
 - One of Courtney's friends told a story about her that wasn't true
 - Geoff arrived home after school and was locked out
 - Anna found out her family was getting a puppy
 - Jordan realized that his best friend made the varsity team and he made the JV team
 - Suzy tripped on her shoelace in front of the school and ripped her pants
 - A puppy ran towards Jaun at the park
 - Claire was in math class taking a test
 - Bryson was watching a comedy movie with his friends at a sleepover
 - Mary's friend wrote her a thoughtful note
 - Jake couldn't find his jacket when he was trying to leave for school

Links and Downloads

[Emoji Template](#)

Category

1. Lesson Plans

2. Social Awareness

Sel-competency-lessons

1. Social Awareness

Grade-level

1. Grades 4-5