

LESSON PLAN

GR 4-5



Work Together by Being Kind, Caring, And Listening

Description

Supplies

- A bowl or container
- Strips of paper
- Pens
- One-minute timer

Skill Builder



Lesson

1. Explain that we will be learning about what makes a great team.
2. Have students raise their hands if they have ever been on a sports team before.
3. Ask if anyone can think of another team they have been on, other than a sports team.
4. Explain we all will be a part of many teams throughout life. This can include sports teams, but also includes many other types of teams – your class, your family, the cast of a school play, the people at your job, etc.
5. Explain there are some things you should do to ensure your team is successful. Review the

TEAM Skill Builder.

- T-ell your strengths and weaknesses
 - E-xpress words kindly
 - A-ct as one—win together, lose together
 - M-ake sure everyone is included
6. Have students share one strength they bring to a team. Ask them to share one weakness they are trying to improve on when working on a team.
 7. Ask students to share some kind words they could say to their teammates when competing in a game or activity.
 8. Have the group brainstorm ways they can make sure everyone is included at recess.
 9. Remind students to use the [Skill Builder Be A TEAM](#), whenever they have to work with others so they can ensure their team is successful.

Activity-Fish Bowl

1. Pass out two to three strips of paper to each student and have them write a noun on each piece that the group would have to guess.
2. Have students fold their pieces of paper in half and put them in the bowl.
3. Split the group up into two to four even teams depending on the size, so teams are around five or 6 people.
4. Explain there will be three rounds total in the game. Each time the teams must try to guess as many words in the “fishbowl” within a minute. The first round is the game, Taboo, the second round is the game, Charades, and the last game is Password. Teams will need to remember to use TEAM in order to be successful.

Rounds

- Taboo — describe the word without saying the word or any other part of it
 - Charades — act out the word silently
 - Password — give a one-word clue
5. For each round, teams will choose one student to start and the timer will be set for one minute. The first student starts according to the rules for that round and this continues until the minute is up or the fishbowl is empty.
 6. At the end of each round record how many slips of paper each team gets correct, announce the current score, and add slips back into the bowl.

Category

1. Lesson Plans
2. Relationship Skills

Sel-competency-lessons

1. Relationship Skills

Grade-level

1. Grades 4-5