



Would You Rather

Description

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Students identify what they would choose in this fun game of *Would You Rather?*

Supplies

- Red and green slips of paper for each student

How to Play

1. Give each student a red and green slip of paper.
2. Each round read aloud a “would you rather” question, and for one option hold up green and the other option hold up red.
3. When students hear the question they have a few seconds to decide which option they would pick and hold up the color sheet associated with that option. Remind students that everyone is unique and to not base their choices on others’ choices. Leader calls on a few students to share why they chose their option.
4. This continues until time is up.
5. **Would You Rather Ideas:**
 - Have bright green ears or bright green lips
 - Ride in a convertible or on the back of a motorcycle
 - Have ice cream or cake
 - Pet a goat or a chicken
 - Only be able to whisper or only be able to shout
 - Be a deep sea diver or an astronaut
 - Drink spoiled milk or eat a rotten egg
 - Wake up with a squirrel tail or deer antlers

- Eat boiled peanuts or fried pickles
- Live on the beach or on a mountain

Activity Prompts for Reflection

- Which would you rather option did you pick that was different than the others? How did it make you feel to have a different perspective?
- Which of these choices was hard for you to decide? Why?
- What is something that makes you unique?
- What is something new that you learned about someone else during this activity?

Other Ways to Play

- Instead of red and green paper, have students raise either their right or left hand based on what they choose.
- Incorporate some more would you rather questions based on your student's interests and hobbies.
- Have trustworthy students call out a few would you rather options.
- To make it more active, have students do a specific movement for each option.
- Instead of using paper, have students move to one side of the room based on their choice.

Additional Notes

- Use the [SEL Activity Prompts](#) to tie other SEL competencies to this activity.

Category

1. Activities
2. Self-Awareness

Sel-competency

1. Self-Awareness

Allotted-time

1. 10-15 minutes

Themes

1. General